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LENT 2025

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Seton notes



Grand Knight Report



SK Ike Udejiofor
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We had a very productive and successful first half of the fraternal year. Our activities at the Commanders' games and events at the stadium proved beneficial. Our scholarships and donations were at record levels. The good news is that our volunteer base still needs more participants. Thanks to our members who work to contribute to this program. Special thanks to Sony Ajayi, Bob Worthington, Don Aitcheson and Charles Briscoe who work behind the scenes to execute this plan.

Reports have been done and our second semi-annual audit has been completed. Our focus on membership continues with our Spring membership drive scheduled for March. Our membership goals are in sight as we strive to achieve our goal of Star Council.

In these last few months of the fraternal year we turn our focus on the launch of new Mother Seton Council website. The final details are being worked out as we strive to move the council into a new era. The website will provide a medium to display and protect our legacy and not be hindered by outside decisions or obstacles.

Finally, Lent begins on March 5. Let us take the time to prepare ourselves for the salvation of mankind through the celebration of a joyous Easter on April 20. Continued blessings and good wishes to you all.

Vivat Jesus



Chaplain's Corner

Rev. Mr. Alton Davis, Jr
Assistant to the Chaplain



**THANK YOU
DEACON
DAVIS**

For your service to the Church

Reflection

- 1.) Gratitude: Begin by thanking God in a personal dialogue for whatever you are most grateful for today.
- 2.) Awareness: Revisit the times in the past 24 hours when you were and were-not-the-very-best-version-of-yourself. Talk to God about these situations and what you learned from them.
- 3.) Significant Moments: Identify something you experienced today and explore what God might be trying to say to you through that event (or person).
- 4.) Peace: Ask God to forgive you for any wrong you have committed (against self, another, or him/her) and to fill you with a deep and abiding peace.
- 5.) Freedom: Speak with God about His inviting you to change your life, so that you can experience the freedom to be the-the-best-version-of-yourself.
- 6.) Others: Lift up to God anyone you feel called to pray for today, asking God to bless and guide them.
- 7.) Finish by praying "Our Father who art in heaven....."

-- From **I HEARD GOD LAUGH.....author.....MATTHEW KELLY.....2020**

Reverend Milton E. Jordan

Dated Jan 8, 2021



Seton notes



District Deputy Report



Charles I. Briscoe DD, PFN, PGK
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Greetings brother knights of councils in District #2.

As we move into the second half of the 2024-2024 fraternal year, your attention is directed to events and activities at The Basilica of the National Shrine of the Immaculate Conception in Washington, DC needs brother knights to serve as ushers for the various march for life masses that will be offered for local and out of state participants and visitors.

The Maryland State Council's 127th State Convention will be held at Crowne Plaza Hotel in Annapolis Maryland from May 2 nd , through May 4 th , 2025. Online hotel reservations at negotiated discount rates are now being accepted on a first-come-first-served basis until March 1, 2025. Reservations made after March 1, 2025, will have to be made through the Crowne Plaza Hotel management at the prevailing rates.

I challenge every brother knight to make a resolution to invite a new member, monthly, to join the Knights of Columbus or invite a catholic lady to join the Ladies Auxiliary, and "Make a Difference in Someone's Life."

Vivat Jesus,
Charles Briscoe,
District Deputy, District #2



Message from the Editor

I have received many inquiries over the past months pertaining to missed editions of the Seton notes

No, the editions have been sporadic at best and have now been consolidated. The 1 man editorial board had a challenging year balancing personal and business commitments, while staying true to my many volunteer commitments. Honestly, the volunteer stuff will be the first to go if try to live in proper alignment or life balance.

The good news is that the calvary is coming!!

Mother Seton Council is getting ready to launch our interactive state of the art, mobile ready website. The newsletter will be a part of this new communication tool and there will be many hands on deck, many smarter and better equipped than I am in getting our information out to you as news breaks. So, the newsletter is one vehicle, but the website will give you the latest access to Council news and activity.

We hope to have archives where we can relive our history through pictures and words; a “Hall of Grand Knights” where you do not need to be in a building or physical space to capture our rich legacy. It will be our window to the future as we pursue new dreams and goals.

Charity, Unity, Fraternity and Patriotism continue to be the guiding stars.

Stay tuned.

Don Aitcheson, PGK



Stewards of Hope Foundation Inc. would like to express its gratitude to the Council and individual members who contributed to the 2024 fundraising drive.

Not only were we able to provide wheelchairs to disabled individuals but also, hospital supplies, food items, school supplies and support for orphanages.

May God continued to bless you and your families.

Fr. Canice



Seton notes



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Family Activity

Family of the Month

Sylvester Ikpi, PGK, PFN

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Our recent family of the month for awardees have been:

October 2024 – Innocent & Florence Nwadije

November 2024 - Felix & Vivian Ayuk

Family of the Year/ December 2024 – Bob & Peg Worthington

January 2025 – Emmanuel & Pat Ajayi

Thank you all for your service to the Council, Parish and Community. We pray for God's continued blessings for you and your family.

Faith Activity

Don Aitcheson, PGK

We commemorate the following feast days and saints:

February : Presentation of the Lord (2), Blaise(3), Agatha(5), Paul Miki(6), Bakhita(8), Scholastica(10), OL Lourdes(11), Cyril/Methodius/Valentine(14), Damian(21), Gregory of Narek(21) Chair of St. Peter(22)

March: Katharine Drexel(3), Ash Wed (5), Patrick(17), Cyril(18), Joseph(19) Annunciation(25)

April: Isidore(4), Stanislaus(11), Palm Sun(13), Holy Thursday(17) Good Friday(18), Easter(20), Divine Mercy (30), Catherine of Siena(29), Pius(30)

Fraternal Benefits Corner

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Knights of Columbus
INSURANCE
YOUR SHIELD FOR LIFE

STEPHEN M. CLITES, FICF

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Free Consultation.



Seton notes



Aneurin M'Carthy

Community Activity

The Commanders made it all the way to the division championship game falling 1 win short of a trip to the Super Bowl. Anticipation is high for next season, volunteer to be a part of a worthy council activity.

The stadium season starts early this year with concerts in early May. Beyonce is back for an independence double, and the likes of AC/DC, Metallica, Kendrick Lamar and more are scheduled.

We had a scholarship presentation on Jan 18, as part of our delayed holiday party. Over \$50,000 was distributed for scholarships and charitable works.

Contact Sony (202-41301066) or Don for more info.

Prayer to Mother Seton

Lord God,

*You blessed Elizabeth Seton with gifts of grace
As wife and mother, educator and foundress,
So that she might spend her life in service to
your people.*

*Through her example and prayers
May we learn to express our love for you
In love for our fellow men and women.*

*We ask this through our Lord Jesus Christ, your
Son,*

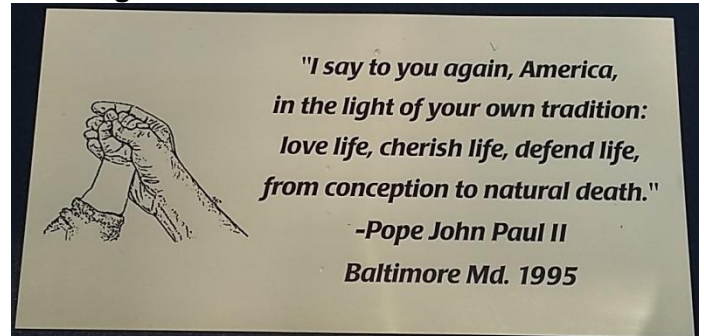
*Who lives and reigns with you and the Holy
Spirit,
One God, for ever and ever.
Amen.*

James Kalshoven, PGK Pro - Life Activity



We continue to Defend Life from Conception to Natural Death.

Defend Life - Support the Ultrasound Program



Membership Corner
Membership Director
E. Sony Ajayi, PGK
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202-413-1066

“Make It Personal and Ask”

Checker:
2024-25 : GOAL: 9
NET: 6
Every day is a new opportunity
www.kofc.org/join

Keep your eyes on the prize!!



Catholic Corner

Pope Francis' Prayer Intentions for February/March/April 2025



The Pope's Worldwide Prayer Network invites all to join in the Holy Father's
Feb/Mar/Apr 2025 prayer intention:

February

For vocations to the priesthood and religious life

Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ's mission in the priesthood and religious life.

March

For families in crisis

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

April

For the use of the new technologies

Let us pray that the use of the new technologies will not replace human relationships, will respect the dignity of the person, and will help us face the crises of our times.

Daily Offering Prayer

God, our Father, I offer You my day. I offer You my prayers, thoughts, words, actions, joys, and sufferings in union with the Heart of Jesus, who continues to offer Himself in the Eucharist for the salvation of the world. May the Holy Spirit, Who guided Jesus, be my guide and my strength today so that I may witness to your love. With Mary, the mother of our Lord and the Church, I pray for all Apostles of Prayer and for the prayer intentions proposed by the Holy Father this month. Amen.



Church of the Annunciation, Nazareth, Israel



Sick and Recovering

Brothers

Christopher Agboli, PGK
 Kevin Butler, PGK
 Deacon Alton Davis
 Nicholas Kniska, HLM
 Rodney Oak, PGK

Relatives/Friends

Helen Dziduch
 Eugenia Ikpi
 Jan Jarus
 Hidegard Jorgensen
 Gay Magruder
 Margaret Mary Opalski

Lord, look upon me with eyes of mercy,
 may your healing hand rest upon me,
 may your life-giving powers flow into every cell of my body
 and into the depths of my soul,
 cleansing, purifying, restoring me to wholeness
 and **strength** for service in your Kingdom. Amen

If you know a Brother Knight or a family member who is sick, recovering or recently deceased, please contact us so that we may pray for them. Your help is needed to manage this list (Editor: aitcheson@hotmail.com.)



Father of goodness and love; hear our prayers for the sick members of our community and for all who are in need. Amid mental and physical suffering, may they find consolation in your healing presence. Show your mercy as you close wounds, cure illness, make broken bodies whole and free downcast spirits. May these special people find lasting health and deliverance, and so join us in thanking you for all your gifts. We ask this through the Lord Jesus who healed those who believed. Amen.

Editor's Pen

If there is a special request for a copy of the Seton notes by mail, let us know. Please send all newsletter related issues to Don Aitcheson at aitcheson@hotmail.com (240-481-0622). The deadline for article submission is the 20th of each month. The email edition will be sent on or about the 1st of each month. Please feel free to give us feedback. Copies are available in the pamphlet rack at St. Matthias. back of Saint Matthias Church and on the website at www.stmatthias.org



Supreme Council News

United in the Sacred Heart

The Order launches its new Pilgrim Icon Program with a Sacred Heart Holy Hour at St. Mary's Church



The Knights of Columbus launched its new Pilgrim Icon Program centered on devotion to the Sacred Heart of Jesus with a Holy Hour on the first Friday of January — the day dedicated to the Sacred Heart each month — at St. Mary's Church in New Haven, the birthplace of the Order.

During the Jan. 3 event, which was organized by San Salvador Council 1, the official program icon was displayed, depicting Italian artist Pompeo Batoni's famous 1767 image of the Sacred Heart of Jesus, which is now located in the Church of the Gesù in Rome. This reproduction of the image is one of more than 300 icons, each bearing the apostolic blessing of Pope Francis, traveling around the world as part of the Pilgrim Icon Program.

Before the Holy Hour, Father Ryan Lerner, pastor in solidum of Blessed Michael McGivney Parish, celebrated a Mass for the feast of the Holy Name of Jesus.

"The name of Jesus casts out fear, anxiety and distress; reminds us of our need for a Savior; instills trust, brings peace, and unites our hearts more closely to his Most Sacred Heart," Father Lerner said in his homily. "Through the Holy Name of Jesus, may we be drawn ever closer to him, allowing his name to purify and strengthen us on our pilgrim way."

After Mass, Father Lerner led a Eucharistic Holy Hour that followed the Order's newly published [Sacred Heart Holy Hour](#) booklet, which contains readings from Scripture and reflections from Pope Francis' new encyclical devoted to the Sacred Heart, [Dilexit Nos](#) (*He Loved Us*). The prayer service also included the recitation of the Divine Mercy Chaplet, prayers to the Sacred Heart of Jesus, and time for silent prayer and adoration before the Blessed Sacrament.

The pope's encyclical and the Knights' new Pilgrim Icon Program both coincide with the 350th anniversary of the visions of the Sacred Heart received by the French nun St. Margaret Mary Alacoque, who first promoted the First Friday devotion and reported the 12 Promises of the Sacred Heart tied to the devotion.

"In many ways, *Dilexit Nos* can serve as a mission statement for the Knights of Columbus in today's world," Supreme Knight Patrick Kelly wrote in his introduction to the holy hour booklet. "The pope observes that we live in a fragmented and divided society, but the heart of Christ is a unifying center. It is the source of truth and goodness that we all need."



Seton note



On Dec. 20, 2024, Pope Francis received Supreme Knight Kelly in a private audience at the Vatican where the supreme knight presented the pope with an icon and booklet for the Sacred Heart prayer service. He also provided the Holy Father with an update on notable activities of the Knights of Columbus in the past year, including the growth of the *Cor* men’s faith formation initiative, charitable work around the world, and support for vocations in the United States and Canada.

For more than 45 years, the Order’s Pilgrim Icon Program has given more than 23 million people opportunities to honor Jesus, the Blessed Mother and the saints through 191,000 prayer services featuring icons of different subjects, such as Our Lady of Guadalupe, the Holy Family and St. Joseph. The Sacred Heart icon is the 20th image venerated through the program since 1979.

Supreme Knight Kelly has also encouraged families to enthrone images of the Sacred Heart of Jesus in their homes in response to Jesus’ promise to St. Margaret Mary to “bless every place in which an image of my heart is exposed and honored.”

“As my brother Knights of Columbus bring reproductions of this beloved image to parishes around the world, I hope that they will invite their families — and all families — to consecrate their homes and themselves to the Sacred Heart,” said the supreme knight. “In the heart of Christ, we see the heart of the Father. And we ask Our Lord to help us make his heart our own, so that we may see and love in others what he sees and loves in us.”

For more information on the Pilgrim Icon Program and to download materials, visit kofc.org/sacredheart.

Reprinted from www.kofc.org 1/8/2025

Mary, Queen of The Knights

Our Lady, *Queen of the Knights, *bless all the activities of our Order. *Keep us true to the pledge * to extend the kingship of thy Divine Son on Earth, * Through Thine intercession, * win for us the grace* ever to exemplify in our public and private lives, * the virtues which should characterize* those specially dedicated* to the service of the heavenly court. *Make us always aware *that as your Knights* we are constantly observed, *our faith judged* and our Order appreciated. *Accept, O Mary, *this renewed pledge of fealty and devotion* of thy servants, *the Knights of Columbus.

AMEN



Maryland State Council News



**State Deputy
Anthony Salvemini**



127th MD State Council Convention



Crowne Plaza

173 Jennifer Road, Annapolis, MD; May 2th – 4th, 2025

For information regarding registration and hotel accommodations go to : [www. Kofc-md.org](http://www.Kofc-md.org)

Sign up new members online

Log in to:

[www. Kofc.org/Join](http://www.Kofc.org/Join)

Remember to use Council # 5381

It's that time of the year again

For more details, go to www.kofc-md.org



Seton notes



Fourth Degree Report



Bishop James E. Walsh Assembly No. 1548

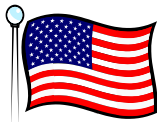
Meets on the 2nd Monday, 7:00 pm at Father Michael Kidd Council, Holy Family Church, Mitchellville, MD

Next scheduled meeting is Feb 3rd /Mar 3rd/ Apr 7th @ 7PM

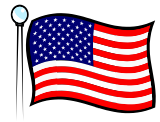
PLEASE NOTE THE CHANGE OF MEETING LOCATION



ADW Website (www.awddistrict.org)



Official Flag Days in the USA



Feb/Mar/Apr

Feb 17 – President’s Day

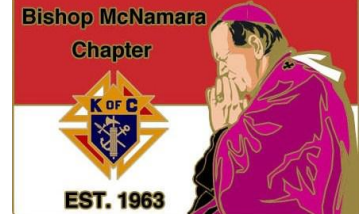
Apr 6 - Army Day (Navy Only)

April 13 – Thomas Jefferson (Army Only)

Apr 14 - Pan American Day (Latin American Embassy)

Apr 20 - Easter Sunday

Bishop McNamara Chapter of Grand Knights Maryland State Council



Upcoming Chapter Meetings

| | |
|-------------------|-----------------|
| February 19, 2025 | Monthly Meeting |
| March 19, 2025 | Monthly Meeting |
| April 16, 2025 | Monthly Meeting |

Come hear about all the exciting events and activities that are planned for the year. The Chapter encourages not only Grand Knights to attend, but also Deputy Grand Knights and Council Program Directors. The Chapter meets the third Wednesday of each month except for December. The location varies.



BIRTHDAYS FOR JAN-APR

Council

Jan

- 1. James Kalshoven PGK
Oliver Ojiaku
- 5. Joseph Ngu PGK
George Thompson
- 9. Innocent O Nwadije
John S Urban
- 11 Clinton Chukwuebuka
- 13 Augustine A Chijioke
- 16 John B Ojo
- 17 Rev. Blaise Bobi-Attachie
- 25 Francis Bup



Feb

- 1 Magnus O Onyima
- 5 Michael V Amatucci
Donald J Brophy
- 8 Juan F Carrillo
- 10 Aneurin M'Carthy PGK
Marcellinus Nnawuba
- 14 Edward L Dory
Arthur Onodjayefe
- 16 Thomas Kozora
Emillio O Stokes
William J Wolf Jr
- 20 Rev. John H Kennealy
Bright Ugochukwu
- 22 Gregg S Kaderabek
- 23 Edward Halle
- 26 Francisco C King



Mar

- 2 Martin E Kwapinski
- 3 Felix Ayuk
- 7 Victor Agbogun
Linus B Ketcha
- 9 Emmanuel C Amanyeiwe
Anselm Chukwuemeka Ehiem
- 10 Tchamnda Aloysius Mbatchou
- 11 John O Onyenemezu
- 18 Christopher O Okorie
- 19 Darren J Watson
- 22 Edwin C Onyeiwu
- 24 Patrick Mansaray
- 25 Gabriel Christopher Achemu
Robert Groelsema
- 27 Timothy G Hankins
Juan Sotelo

Apr

- 4 Jesam E Ikpi
- 10 Joe O Obiwuru
- 16 Leonard Ugo Chetam
- 19 Kenneth N Uwajeh
- 23 Chukwuma Obi Onyewu
- 24 Ephraim O Eke
- 28 Rev William Montgomery
- 29 Philip N Akwataibe
- 30 Michael L Marshall Jr



Ladies Auxiliary

- Jan 3 – Juanita Pielmeier-McGuinn
- Jan 17 – Gay Magruder
- Apr 28 – Adele Green
- Apr 29 – Helen Dziduch

**HAPPY
BIRTHDAY!!!**

Seton notes
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Mother Seton Council #5381
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Lanham, MD 20706-3020

Upcoming Council Events Calendar

| | |
|----------|--|
| Feb 4 | Council Meeting – 8PM |
| Feb 18 | Council Meeting – 8PM |
| March 4 | Shrove Tuesday Pancake Dinner – 6PM (No Council Meeting) |
| March 5 | Ash Wednesday – (Not a holy day of obligation/ Start of Lent) |
| March 18 | Council Meeting – 8PM |
| April 1 | Council Meeting – 8PM |
| April 15 | Council Meeting – 8PM |
| April 20 | Easter Sunday of the Resurrection of the Lord |

Council meetings are held 1st and 3rd Tuesday of every month in the Hughes Center at Saint Matthias Parish, Lanham , MD unless otherwise posted.

Council meetings are now being held in person.

Note: Dress code is in effect for meetings. Jacket & ties are acceptable.

NO Shorts, Sandals or Tank tops, please @ any meeting.